



閩光書院(幼稚園部)
2024-25 年度 5 月份餐單



日期：第一週 5 月 1 日至 5 月 2 日					
				星期四 1/5	星期五 2/5
托管服務午餐				勞動節假期	教師發展日
托管服務下午茶點					
上午茶點					
日期：第二週 5 月 5 日至 5 月 9 日					
	星期一 5/5	星期二 6/5	星期三 7/5	星期四 8/5	星期五 9/5
上午茶點	佛誕假期	時令水果	時令水果	豆奶粟米片	雞蛋
托管服務午餐		翠玉瓜粟米雞柳飯	南瓜汁粟米肉絲螺絲粉	意式海鮮意粉	粟米雞茸蒸水蛋飯
托管服務下午茶點		蒸番薯	節瓜肉碎通心粉	時令水果	時令水果
日期：第三週 5 月 12 日至 5 月 16 日					
	星期一 12/5	星期二 13/5	星期三 14/5	星期四 15/5	星期五 16/5
上午茶點	牛奶	時令水果	時令水果	迷你蛋糕	生日蛋糕
托管服務午餐	青瓜薯仔雞球飯	翠玉瓜薯仔肉片紅米飯	薯仔洋蔥雞粒飯	意式薯仔雞柳意粉	粟米肉碎蒸水蛋飯
托管服務下午茶點	香甜粟米	蒸番薯	蕃茄肉碎米粉	時令水果	時令水果
日期：第四週 5 月 19 日至 5 月 23 日					
	星期一 19/5	星期二 20/5	星期三 21/5	星期四 22/5	星期五 23/5
上午茶點	牛奶	時令水果	時令水果	豆奶粟米片	雞蛋
托管服務午餐	蕃茄洋蔥牛肉螺絲粉	粟米汁魚柳飯	蟲草花蒸肉粒飯	白汁福花蟹柳吞拿魚意粉	肉片燴河粉
托管服務下午茶點	香甜粟米	蒸番薯	節瓜肉碎通心粉	時令水果	時令水果
日期：第五週 5 月 26 日至 5 月 30 日					
	星期一 26/5	星期二 27/5	星期三 28/5	星期四 29/5	星期五 30/5
上午茶點	牛奶	時令水果	時令水果	豆奶粟米片	雞蛋
托管服務午餐	雲耳蒸雞飯	香蒜薯仔蒸肉粒紅米飯	卡邦尼薯仔雞皇螺絲粉	葡汁薯仔雞球飯	椰菜雞絲燴烏冬
托管服務下午茶點	香甜粟米	蒸番薯	蕃茄肉碎米粉	時令水果	時令水果

**餐單安排或會因實際情況變動而不作另行通知，請知悉。



Amoy College (Kindergarten)

May 2025 Menu



Date: Week 1, 1st May to 2nd May					
				Thursday 1/5	Friday 2/5
Morning snack				Labour Day Holiday	Teacher Development Day
Lunch					
Afternoon Tea					
Date: Week 2, 5th May to 9th May					
	Monday 5/5	Tuesday 6/5	Wednesday 7/5	Thursday 8/5	Friday 9/5
Morning snack	Buddha’s Birthday Holiday	Seasonal fruit	Seasonal fruit	Cornflakes with soy milk	Boiled egg
Lunch		Chicken Julienne With Corn And Zuchhini + Rice	Pork Julienne With Corn In Pumpkin Sauce + Fusilli	Assorted Seafood In Italian Style + Spaghetti	Steamed Egg With Minced Chicken And Corn + Rice
Afternoon Tea		Steamed Sweet Potato	Pasta with Zucchini and Minced Meat	Seasonal fruit	Seasonal fruit
Date: Week 3, 12th May to 16th May					
	Monday 12/5	Monday 13/5	Tuesday 14/5	Wednesday 15/5	Thursday 16/5
Morning snack	Milk	Seasonal fruit	Seasonal fruit	Mini cake	Birthday cake
Lunch	Chicken Ball With Potato And Cucumber + Rice	Pork Slices With Zucchini And Potato + Red Rice	Diced Chicken With Onion And Potato + Rice	Chicken Julienne With Potato In Italian Style + Spaghetti	Steamed Egg With Minced Pork And Corn + Rice
Afternoon Tea	Sweet Corn	Steamed Sweet Potato	Rice Noodles with Tomato and Minced Meat	Seasonal fruit	Seasonal fruit
Date: Week 4, 19th May to 23rd May					
	Monday 19/5	Tuesday 20/5	Wednesday 21/5	Thursday 22/5	Friday 23/5
Morning snack	Milk	Seasonal fruit	Seasonal fruit	Cornflakes with soy milk	Boiled egg
Lunch	Beef With Onion And Tomato + Fusilli	Fish Fillet In Sweet Corn Sauce + Rice	Steamed Diced Pork With Cordyceps Flower + Rice	Tuna With Crab Stick And Cauliflower In White Sauce + Rice	Braised Rice Noodles With Pork Slices
Afternoon Tea	Sweet Corn	Steamed Sweet Potato	Pasta with Zucchini and Minced Meat	Seasonal fruit	Seasonal fruit
Date: Week 5, 26th May to 30th May					
	Monday 26/5	Tuesday 27/5	Wednesday 28/5	Thursday 29/5	Friday 30/5
Morning snack	Milk	Seasonal fruit	Seasonal fruit	Cornflakes with soy milk	Boiled egg
Lunch	Steamed Chicken With Cloud Fungus + Rice	Steamed Minced Pork With Potato And Garlic + Red Rice	Chicken With Potato In Carbonara Sauce + Fusilli	Chicken Balls With Potato In Portuguese Sauce + Rice	Braised Udon With Three-shredded
Afternoon Tea	Sweet Corn	Steamed Sweet Potato	Rice Noodles with Tomato and Minced Meat	Seasonal fruit	Seasonal fruit

Please note that the menu arrangements are subject to change without prior notice, depending on actual circumstances.