



## 閩光書院(幼稚園部) 2024-25 年度7月份餐單



| 日期:第一週7月1日 | 至7月4日         |            |           |           |          |  |  |
|------------|---------------|------------|-----------|-----------|----------|--|--|
|            |               | 星期二 1/7    | 星期三 2/7   | 星期四 3/7   | 星期五 4/7  |  |  |
| 托管服務午餐     |               |            | 時令水果      | 豆奶粟米片     | 豆奶粟米片    |  |  |
| 托管服務下午茶點   |               | 回歸紀念日假期    | 照燒汁西蘭花牛肉飯 | 白汁粟米海鮮螺絲粉 | 三絲燴油麵    |  |  |
| 上午茶點       |               |            | 香甜粟米      | 時令水果      | 時令水果     |  |  |
| 日期:第二週7月7日 | 1至7月11日       |            |           |           |          |  |  |
|            | 星期一 7/7       | 星期二 8/7    | 星期三 9/7   | 星期四 10/7  | 星期五 11/7 |  |  |
| 上午茶點       | 製作小食: K1 雜果賓治 | 製作小食:香蕉船   | 時令水果      | 生日蛋糕      | 下學期家長日   |  |  |
|            | K2 班戟 K3 牛油曲奇 |            |           |           |          |  |  |
| 托管服務午餐     | 薯仔洋蔥雞柳飯       | 卡邦尼薯仔雞皇螺絲粉 | 合掌瓜薯仔肉絲飯  | 甘筍汁海鮮螺絲粉  |          |  |  |
| 托管服務下午茶點   | 蒸番薯           | 香甜粟米       | 蒸番薯       | 時令水果      |          |  |  |
| 日期:第三週7月14 | 日至7月18日       |            |           |           |          |  |  |
|            | 星期一 14/7      | 星期二 15/7   | 星期三 16/7  | 星期四 17/7  | 星期五 18/7 |  |  |
| 上午茶點       |               |            |           |           |          |  |  |
| 托管服務午餐     | 暑假假期          |            |           |           |          |  |  |
| 托管服務下午茶點   |               |            |           |           |          |  |  |
| 日期:第四週7月21 | 日至7月25日       |            |           |           |          |  |  |
|            | 星期一 21/7      | 星期二 22/7   | 星期三 23/7  | 星期四 24/7  | 星期五 25/7 |  |  |
| 上午茶點       |               |            |           |           |          |  |  |
| 托管服務午餐     | 暑假假期          |            |           |           |          |  |  |
| 托管服務下午茶點   |               |            |           |           |          |  |  |
| 日期:第五週7月28 | 日至7月31日       |            |           |           |          |  |  |
|            | 星期一 28/7      | 星期二 29/7   | 星期三 30/7  | 星期四 31/7  |          |  |  |
| 上午茶點       |               |            |           |           |          |  |  |
| 托管服務午餐     | 暑假假期          |            |           |           |          |  |  |
|            |               |            |           |           |          |  |  |

<sup>\*\*</sup>餐單安排或會因實際情況變動而不作另行通知,請知悉。







| Date: Week 1, 1st J                  | July to 4th July                                    |   |   |  |  |  |  |  |
|--------------------------------------|---|---|---|--|--|--|--|--|
|                                      |   | Tuesday 1/7   | Wednesday 2/7                                   | Thursday 3/7   | Friday 4/7                                 |  |  |  |
| Morning snack                        |   | HKSAR Establishment<br>Day (Public Holiday)         | Seasonal fruit                                  | Cornflakes with soy milk                                     | Cornflakes with soy milk                   |  |  |  |
| Lunch                                |   |   | Beef With Broccoli In Teriyaki<br>Sauce + Rice  | Assorted Seafood With Sweet<br>Corn In White Sauce + Fusilli | Fried Rice Noodles With Three-<br>shredded |  |  |  |
| Afternoon Tea                        |   |   | Sweet Corn                                      | Seasonal fruit   | Seasonal fruit                             |  |  |  |
| Date: Week 2, 7th.                   | July to 11th July                                   |   | 1   |  | ,  |  |  |  |
| ,                                    | Monday 7/7  | Tuesday 8/7   | Wednesday 9/7                                   | Thursday 10/7  | Friday 11/7                                |  |  |  |
| Morning snack                        | K1: Fruit Punch<br>K2: Pancake<br>K3: Butter cookie | Banana boat   | Seasonal fruit                                  | Birthday cake  | Parent-Teacher Day for<br>Next Term        |  |  |  |
| Lunch                                | Chicken Julienne With Potato<br>And Onion + Rice    | Chicken With Potato In<br>Carbonara Sauce + Fusilli | Pork Julienne With Potato And<br>Chayote + Rice | Assorted Seafood In Carrot<br>Sauce + Fusilli                |  |  |  |  |
| Afternoon Tea                        | Steamed Sweet Potato                                | Sweet Corn  | Steamed Sweet Potato                            | Seasonal fruit   |  |  |  |  |
| Date: Week 3, 14th July to 18th July |   |   |   |  |  |  |  |  |
|                                      | Monday 14/7   | Tuesday 15/7  | Wednesday 16/7                                  | Thursday 17/7  | Friday 18/7                                |  |  |  |
| Morning snack                        |   |   |   |  |  |  |  |  |
| Lunch                                | Summer Holiday                                      |   |   |  |  |  |  |  |
| Afternoon Tea                        |   |   |   |  |  |  |  |  |
| Date: Week 4, 21st                   | July to 25th July                                   |   |   |  |  |  |  |  |
|                                      | Monday 21/7   | Tuesday 22/7  | Wednesday 23/7                                  | Thursday 24/7  | Friday 25/7                                |  |  |  |
| Morning snack                        |   |   |   |  |  |  |  |  |
| Lunch                                | Summer Holiday                                      |   |   |  |  |  |  |  |
| Afternoon Tea                        |   |   |   |  |  |  |  |  |
| Date: Week 5, 28th                   | July to 31st July                                   |   |   |  |  |  |  |  |
|                                      | Monday 28/7   | Tuesday 29/7  | Wednesday 30/7                                  | Thursday 31/7  |  |  |  |  |
| Morning snack                        |   |   |   |  |  |  |  |  |
| Lunch                                | Summer Holiday                                      |   |   |  |  |  |  |  |
| Afternoon Tea                        |   |   |   |  |  |  |  |  |
|                                      | ·   |   | · · · · · · · · · · · · · · · · · · ·           |  |  |  |  |  |